5 TIPS
for Telehealth

As communities work to support the healthcare system during the COVID-19 pandemic, broadband-powered telehealth helps ensure the doctor is always in.

#stayingconnected

1 **Coverage Expanding**
→ Medicare has lifted restrictions on telehealth coverage and medical professionals across the country are expanding their offerings.

2 **Be Tech Ready**
→ Testing your webcam and other equipment, closing unnecessary programs on your computer and using a wired broadband connection can help **improve visits**.

3 **Virtual Triage**
→ With hospitals overloaded, telehealth plays a vital role in triage—providing **guidance** on when to recover at home and when to seek in-person care.
→ Experiencing potential symptoms? Online consultations are widely available with medical professionals 24 hours a day.

4 **Online Rx Refills**
→ The CDC recommends talking to your doctor or pharmacist about creating an emergency supply of prescription medications during a pandemic.
→ Many **providers** are waiving refill limits, and major pharmacy chains are offering free prescription delivery in support of social distancing.

5 **Connected Resources for Health Care Professionals**
→ Cisco **tutorial** on transitioning to virtual health care
→ Twilio **artificial intelligence chatbot** helps answer common COVID-19 questions
→ Online CDC COVID-19 **FAQ** for the medical community

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